

1995

1995 Track and Field (Men's)

University of Northern Iowa

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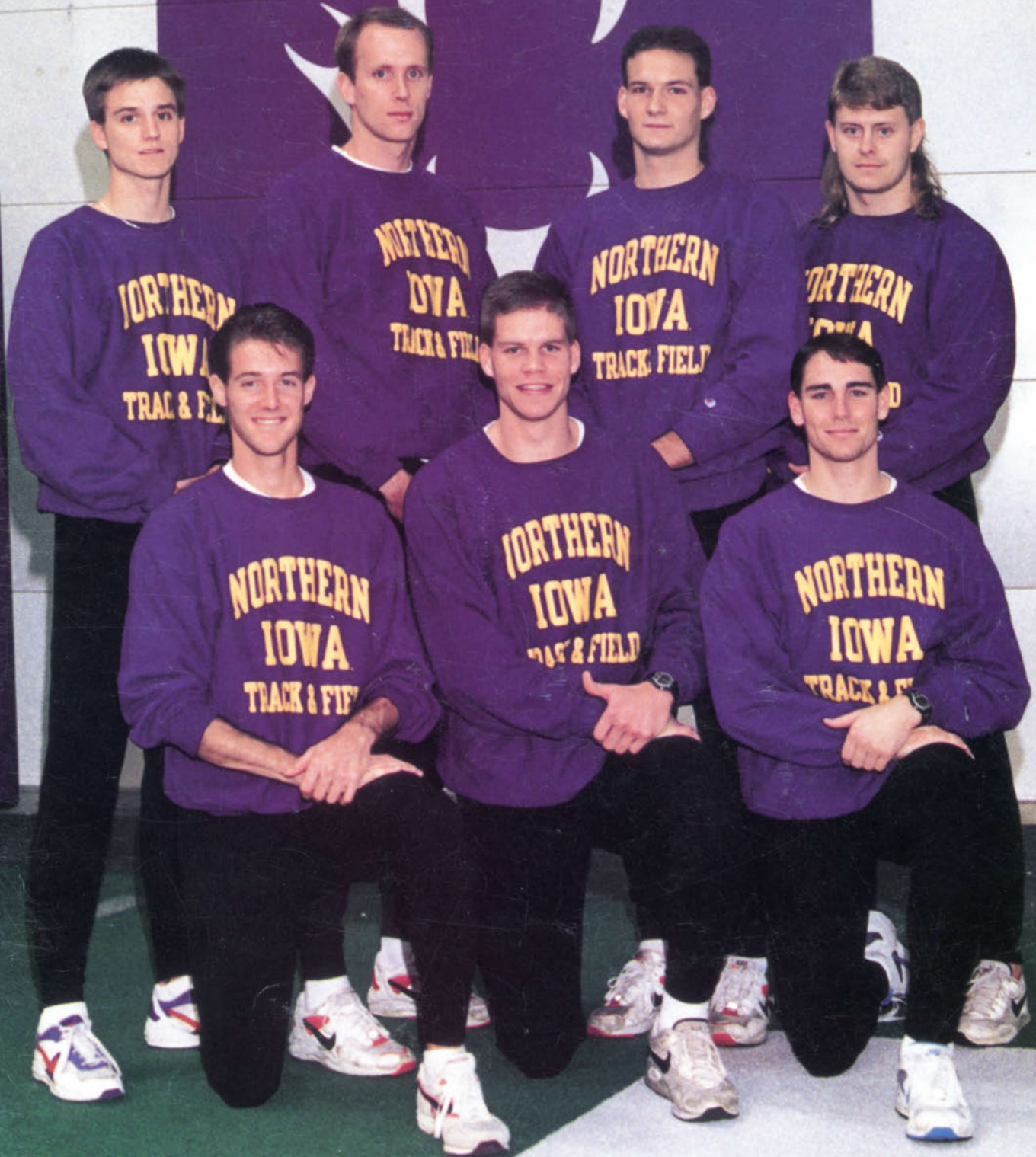
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University of Northern Iowa



1995 Track and Field

This is Northern Iowa

A campus-wide commitment to great teaching lies at the heart of the University of Northern Iowa's reputation for providing exceptional undergraduate education, as well as complementary programs at the master's, specialist's and doctoral levels. Building on its historic strength in teacher education, the University has developed a number of outstanding programs in business, natural sciences, humanities and fine arts, and social and behavioral sciences.

Northern Iowa prides itself on providing a student-centered educational experience. The University's medium size allows it to offer the faculty, facilities and academic choices of a major university, while retaining a friendly, small college atmosphere. Small classes enable the University to foster one-on-one working relationships between faculty and students. More than 90 percent of UNI's classes have 50 or fewer students.

Students enter the University well-prepared, demonstrated by their selection of high school courses and rank in class. In recent years, over 90 percent of the entering freshmen ranked in the top 50 percent of their high school classes, with about 60 percent ranking in the top 30 percent. The average undergraduate arrives at UNI with an ACT score of 23.

U.S. News and World Report has recognized the University by ranking it 13th among 119 Midwest regional colleges and universities. The magazine also named UNI the Midwest's most efficient regional university. Northern Iowa also was cited in 1994 as the second best value among Midwest regional universities.

The College of Business Administration has become the largest undergraduate business school in Iowa. The College's Department of Accounting is ranked among the 10 best in the country by educators and accounting professionals. In a national survey of 400 accounting faculty, Northern Iowa ranked as one of their top programs.

Considered a long-time leader in the field of teacher education, UNI has implemented several programs that continue this tradition of excellence. The Regents' Center for Early Developmental Education is a leading setting for research and training in the education of young children. The Center is the only educational resource of its kind in Iowa.

Northern Iowa's 19 men's and women's intercollegiate athletics programs compete at the NCAA Division I level with major conference affiliations. The Panthers boast a nationally recognized coaching staff to maintain consistently competitive programs.

The Northern Iowa campus combines the grandeur of early 1900s architecture with striking, modern building designs that have characterized an impressive growth period over the past dozen years. The attractive, park-like campus contains more than 40 major buildings on 861 acres, yet is compact enough to cross in a 10-minute walk.

UNI is located in Cedar Falls, an inviting and historic community of about 35,000 people. Together with the adjacent city of Waterloo, the metropolitan area has a culturally diverse population of 105,000 and combines big city opportunities with small town friendliness. Cedar Falls/Waterloo is a center for industry, finance, commerce, recreation and cultural activities for northeast Iowa.

The University was founded in 1876 and is one of three state-assisted universities administered by the Iowa State Board of Regents. Additional private support is provided by the UNI Foundation and Northern Iowa Alumni Association, representing more than 65,000 alumni in the United States and other countries.



1995 Roster

Name	Event	Year	Hometown/High School
Jason Barkdoll	Mid. Distance	Fr.	Vinton, IA/Vinton-Shellsburg
Marshall Blaine	Distance	Fr.	Indianola, IA/Indianola
Jay Brock	Distance	Fr.	Dubuque, IA/Senior
Matt Casillas	Throws	Jr.	Davenport, IA/North
Alonzo Clayton	Sprints/Hurdles	So.	Fort Dodge, IA/Fort Dodge
Chad Flynn	Mid. Distance/Distance	Sr.	Wheatland, IA/Calamus-Wheatland
Alex Garn	Long Sprints	Jr.	Ames, IA/Ames
John Harden	Sprints/Hurdles	Fr.	Detroit, MI/Chadsey
Todd Harrington	Sprints/Hurdles	Sr.	Davenport, IA/North
Pete Herber	High Jump	Sr.	Dubuque, IA/Senior
Matt Hoskins	Mid. Distance	Fr.	Albia, IA/Albia
Chad Jewell	High Jump	So.	Des Moines, IA/WDM Dowling
Jeff Joiner	Distance	Jr.	Luana, IA/Waukon
Jeff Jones	Distance	So.	Farmington, IA/Harmony-Farmington
Jon Judisch	Sprints/Mid. Distance	Fr.	Tripoli, IA/Tripoli
Kyle Kepler	Distance	Fr.	Webster City, IA/Webster City
Jim Liebermann	Decathlon/Mid. Distance	Jr.	Solon, IA/Solon
Mike Maddox	Throws	Fr.	Girard, IL/Girard
Todd Madsen	Long Jump	Sr.	Webster City, IA/Webster City
Ryan McCalley	Long Jump	So.	Waterloo, IA/West
Jason McCleary	Hurdles/L. Jump/Decathlon	Sr.	Newton, IA/Newton
Jason Meyer	Distance	Sr.	Dubuque, IA/Hempstead
Scott Nevitt	High Jump/Sprints	Fr.	Runnells, IA/Southeast Polk
Chad Pietig	Mid. Distance/Distance	So.	Waterloo, IA/Columbus
Ben Ringena	Sprints	Fr.	Iowa City, IA/City
Ryan Santi	High Jump	Sr.	Madrid, IA/Madrid
Mike Schatz	Mid. Distance	So.	Monticello, IA/Monticello
Rob Semelroth	Distance	So.	Keystone, IA/Benton Community
Maceo Strickland	Sprints	So.	East Moline, IL/United Township
Tim Suchan	High Jump	Jr.	Cedar Rapids, IA/Kennedy
Kory Swart	Distance	Jr.	Belmond, IA/Belmond-Klemme
Allan Walz	Throws	Jr.	Bondurant, IA/Bondurant-Farrar
Mike Wherry	Hurdles	So.	Wayzata, MN/Wayzata
Guy Willey	Mid. Distance/Distance	Jr.	Ames, IA/Ames
Joey Woody	Long Sprints/Hurdles	Jr.	Iowa City, IA/City

Head Coach - Chris Bucknam (Norwich '78)

Assistant Coach - Bill Lawson (Northern Iowa '80)

On the cover: Panther seniors (front row, l-r) Jason Meyer, Tim Suchan and Todd Madsen; (back row, l-r) - Chad Flynn, Pete Herber, Ryan Santi and Jason McCleary.

Northern Iowa at a Glance

Location: Cedar Falls, Iowa 50614

Founded: 1876

Enrollment: 12,500

Nickname: Panthers

Colors: Purple & Old Gold

President: Dr. Constantine Curris

Athletic Director: Chris Ritrievi

Home Facility: UNI-Dome (16,400)

National Affiliation: NCAA Division I

Conference: Missouri Valley

Head Track & Field Coach: Chris Bucknam

Assistant Coach: Bill Lawson

Office Phone: (319) 273-6481

Sports Information Director: Nancy Justis

Office (319) 273-6354

Home (319) 277-3631

Assistant SID: Kevin Kane

Office (319) 273-3642

Men's Track & Field Contact: Pat Osterman

Office (319) 273-3642

1995 Outlook

By Marty Strasen
Waterloo Courier

A mission declares Chris Bucknam.

The Northern Iowa track and field coach says his Panthers are on one, and their goal is nothing short of a Missouri Valley Conference championship.

Perhaps two.

Northern Iowa has seldom looked stronger as it shoots for its first Missouri Valley titles in indoor and outdoor track. Paced by seven seniors and 1994 Drake Relays and conference outdoor Male Athlete of the Year Joey Woody, the Panthers are loaded with leadership.

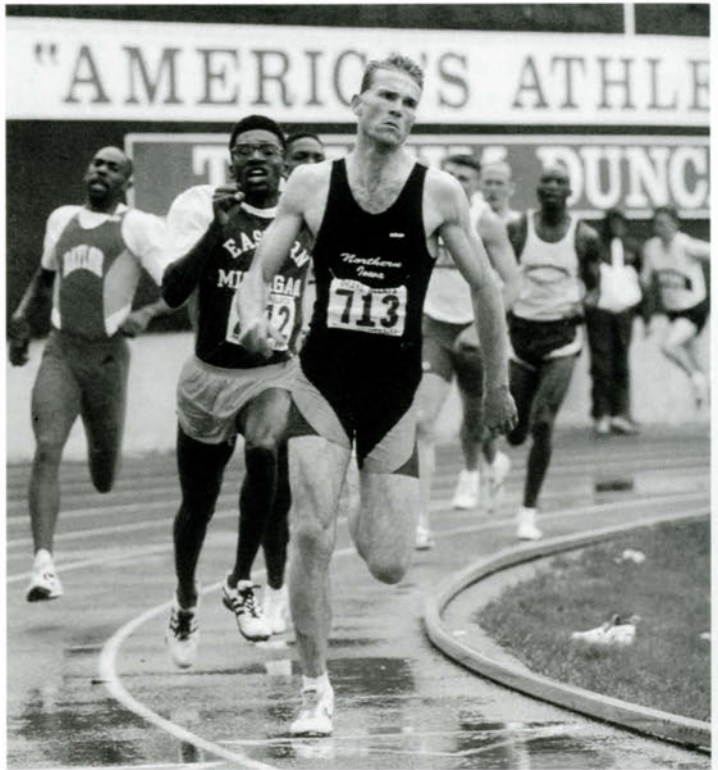
"This could be a special year for us," admits Bucknam, the 11th-year head coach whose team finished third in both indoor and outdoor last season after a pair of second-place efforts in 1993. "But nothing is going to be handed to us. We have to be very focused and professional in the way we perform. We have to be smart about things."

The key to the Panthers' title hopes is probably health after a 1994 campaign in which standouts Jason McCleary, Todd Madsen and Jeff Joiner were injured. Each is back in action.

McCleary has the potential to rate among the premier decathletes and hurdlers in the nation, Bucknam says, and he headlines a senior class with both direction and focus. Also in that group are Madsen, Chad Flynn, Pete Herber, Jason Meyer, Ryan Santi and Tim Suchan.

Along with Woody, a junior, they form the heart of a UNI team that won three titles at the Kansas Relays last season and caught plenty of notice with its performances at Drake.

Tim Suchan



Joey Woody

"It was tough, because 1994 was an injury year for us and we thought we were better than third in the conference if we would have been healthy," Bucknam says. "We're going after the championship, and we have a group of athletes that knows what it takes."

If winning a league crown requires great balance, the Panthers appear to be in fine shape thanks to several returning all-conference performers.

They figure to score plenty of points in the field events, with throwers Matt Casillas and Allan Walz and high jumpers Herber, Suchan and Santi.

Walz owns the school record in the 35# weight (60-0) and Casillas owns the second best toss. Casillas will be gunning for school records in the shot and hammer throws while Walz is the top discus man.

"These guys are good," Bucknam says. "They're national-caliber kids who are going to do some damage."

On the subject of national-caliber athletes, few (if any) schools in America can match the trio of 7-foot jumpers at UNI.

Suchan has cleared a school-record 7-3 3/4 and Herber 7-3 1/4, and both qualified for nationals last season. Herber was an NCAA indoor qualifier while Suchan made both the indoor and outdoor national meets. Santi has cleared 7-0 3/4 and also competes in the 4 x 400 relay and decathlon.

"The Missouri Valley is one of the best high jumping conferences in the country and we have some of the best," Bucknam says.



1995 Outlook

Adding to the strength in the field events is the return of Madsen, who injured an abdominal muscle last year but was the Missouri Valley's No. 2 long jumper in 1993.

The Panthers' top decathlete and one of the premier overall athletes in the Missouri Valley is McCleary. He earned MVC co-Field Athlete of the Year honors two years ago but missed most of last season with a knee injury. He returned to his spot in the Panther football secondary this past season and is ready to resume his assault on the school track record book.

"He's a fabulous competitor with an unlimited amount of talent," Bucknam explains. "Nobody really knows what his parameters are. The longer you have him, the better he gets. If he hadn't got hurt last year, we thought he could be one of the top five or six decathletes in the country and had a shot at being All-American in the hurdles."

Another with unlimited potential is Woody, who has been a national qualifier each of the past two years and an All-American in the 400 hurdles a year ago, and has his sights locked on the 1996 Olympic Trials. He rates as one of the top hurdlers and long sprinters in the nation and one of the best the school has ever put on the track.

Woody was the top performer at both Drake Relays and the MVC outdoor meets last year and should contend for multiple league title and school records over his final two seasons.

"He'll be at the international level before he's through," Panther assistant coach Bill Lawson says. "He'll be on the world list, whether it's in the half mile or 400. He's that good."

Maceo Strickland surprised the field last spring to become the first UNI men's runner to win the Missouri Valley 100-meter championship. He and 55-meter hurdles champion Alonzo Clayton are just sophomores. Both double as football players and Strickland already owns the school record in the 100 (10.43 seconds).

Flynn has been an all-conference performer in the mile and 1,000 and Meyer a two-time all-conference honoree in cross country. Meyer has exhausted his indoor eligibility but will be ready in the spring.

Another distance standout, Kyle Kepler, has earned all-conference status in each of his first two cross country seasons and will see his first action on the track this year. Freshman Jay Brock should also figure in after a strong first cross country season.

"Those are tough kids who are going to help us score some points," Bucknam said. "We've got some distance kids with a ton of potential."

Another youngster expected to contribute right away is Tripoli freshman Jon Judisch, who set a state Class 1A record in the 400 last spring.

Bucknam and Lawson set out to make UNI a perennial contender in the Missouri Valley, and they've steered the team to an annual spot among the top three. Since joining the conference in 1991, the Panthers are second only to Illinois State in the composite standings and have never finished below fourth in an MVC track meet.

Jason McCleary



Coaches



Head Coach Chris Bucknam

In the 11 years since he first took over the Northern Iowa track and field program, Chris Bucknam has certainly made his mark.

Under his guidance, the Panthers have gone from nine championships in seven seasons in the old Mid-Continent Conference to consistent contenders in the Missouri Valley to a team that must be

reckoned with on a national basis anytime it steps on the track.

And Bucknam will tell you right away that any credit due him or his program must be shared with assistant coach Bill Lawson, whom he calls his head coach in charge of field events. The statistics and credentials compiled by Northern Iowa's teams over the last decade have brought the UNI staff recognition as one of the finest in the Midwest.

Bucknam oversaw Northern Iowa's 1991 move to the Missouri Valley Conference, where the Panthers have left an indelible mark on the league in just a short amount of time. Although the MVC historically has been one of the best conferences in the nation, boasting All-Americans and numerous NCAA champions in recent years, UNI stepped in and became one of the top competitors in the league instantly.

In fact, in the first 10 MVC meets since UNI's membership in 1991, the Panthers have the second-best composite record in the league. They have claimed one championship, four runnerup finishes, two third-place spots and two fourth places.

"We've really had some pretty strong teams the last seven or eight years," Bucknam said. "We've had national qualifiers and nationally-ranked relays, but it's just now being seen because of the move to the Missouri Valley. It's that added exposure and improved competition."

After leading the Panther cross country team to the Missouri Valley Conference title in just its second season in the conference, Bucknam was voted MVC Coach of the Year by his peers in 1992. He was named Mid-Continent Conference Indoor Coach of the Year four times in the last seven seasons UNI was a member of the league, Outdoor Coach of the Year in 1986 and Cross Country Coach of the Year in 1988 and 1990.

During his 11-year tenure, the Panthers have won 10 conference crowns--four in indoor track, five in cross country, and one outdoor title. His teams have never finished lower than fourth in any conference track meet. In the past eight seasons, Bucknam has sent 16 qualifiers to the NCAA Indoor and Outdoor Championships, with four earning All-America honors.

Since his arrival at UNI in 1979 as an assistant to long-time head coach Lynn King, the Panthers have won or shared 16 conference titles in track and field and cross country, and produced 14 All-Americans.

A native of Beverly, MA, Bucknam attended Norwich University in Northfield, VT, where he was a four-time letterwinner in track, specializing in the middle and long distances. He was elected co-captain his senior year and graduated in 1978 with a bachelor's degree in physical education. He earned his master's degree in physical education from Northern Iowa in 1982.

Bucknam and his wife, Cindy, have a son, Eric, and daughter, Kate.



Assistant Coach Bill Lawson

Recognized as one of the greatest athletes in Northern Iowa history, Bill Lawson has been with head coach Chris Bucknam every step of the way as the Panther assistant coach and field event coach the past 10 seasons.

A 1980 UNI graduate, Lawson returned to his alma mater after serving three years as boys' and girls' track and field and cross country coach, and girls' basketball coach at

John Marshall High School in Rochester, MN.

The Carthage, IL, native was a four-time All-American at UNI from 1977-80 and ranks second on the school's all-time decathlon list. He was a two-time co-captain for the Panthers and was a senior when Bucknam was named assistant coach in 1979. He qualified for national competition in the decathlon, pole vault and triple jump four times.

Lawson won the National Master's Decathlon Championship in 1987 and 1992, and has been runnerup four times. He also captured the first Master's Pentathlon title last winter.

His duties with the Panthers include coordinating the fall track program and conditioning, and coaching the field events and decathlon during the indoor and outdoor seasons. He is recognized as an excellent field event coach and motivator.

Along with Bucknam, he has coached UNI athletes to 103 individual conference championships. The Panther head man is quick to point out that Lawson has played a part just as important to the Panthers' success as his.

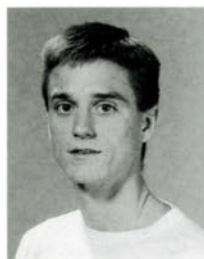
"I don't consider Bill my assistant," says Bucknam. "He is a head coach in charge of field events. I sincerely believe he is one of the finest coaches in the country."

"He has a rare combination of not only having a tremendous knowledge of the field events, but the ability to motivate at the same time. There are a lot of coaches who have one or the other, but don't have both. Bill has the rare combination of being able to do both as well as anyone I've seen. Our athletes in the field events are always prepared to compete and do their best."

In addition to his coaching duties, Lawson is a member of the physical education faculty.

Lawson and his wife, Jodie, have a daughter, Abby, who was born in September.

Panther Profiles



Chad Flynn
Senior
Middle Distance/Distance
6-1, 155
Wheatland, IA/Calamus-Wheatland

Last year set the school record in the 1,000 meters...named all-conference at indoor championships in the 1,000, placing third...gained all-conference honors in '93 at the

Missouri Valley outdoor meet as a member of the two-mile relay team...ran team best in the 1,500 meter in '92, '93 and '94...ran team best in the 1,000 meter in '93 and '94...a key member on the cross country team finishing 18th, 21st and 25th in '91, '92 and '93, respectively at the MVC Championships... won the state high school title as a junior in the 1,600 and 3,200 meter; finishing second as a senior. Personal Best: 800 meters- 1:51; 1,000 meters- 2:29.73; 1,500 meters- 3:51.11

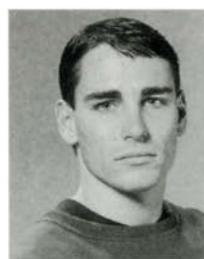


Pete Herber
Senior
High Jump
6-3, 160
Dubuque, IA/Senior

Finished second at the Iowa State Holiday Classic this season...placed 12th nationally at the NCAA Indoor Championships a year ago...named all-conference indoors for two

straight years...one of four Panthers who has cleared seven feet...provisionally qualified for the NCAA Outdoor Championships in '94...tied for title at the Cyclone Holiday Classic in '92...owns the school indoor record at 7-3 3/4 and ranks second on the outdoor list at 7-1 3/4...an all-stater his final two years at Senior who won the state championship as a senior.

Personal Best: indoor - 7-3 3/4, outdoor - 7-1 3/4

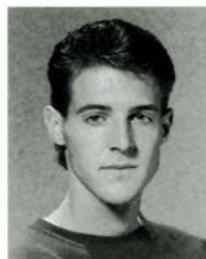


Todd Madsen
Senior
Long Jump
5-10, 155
Webster City, IA/Webster City

Named to the Missouri Valley all-conference team last year as a member of the 4 x 100 relay team that placed third...won the long jump at the Jim Duncan Invitational in '94...as a sophomore

jumped 24-2 1/4 at the Missouri Valley Conference outdoor meet good for a second place and all-conference finish, also finished fourth at the conference indoor meet...attended Iowa Central Community College in '90-91...won the state championship in the long jump his senior year with a leap of 23-8...also all-conference in baseball and track.

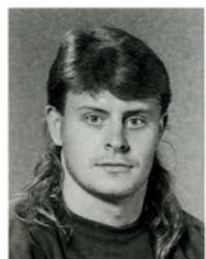
Personal Best: long jump- indoor, 23-8 1/2; outdoor, 24-2 1/4



Jason Meyer
Senior
Distance
6-0, 150
Dubuque, IA/Hempstead

A two time all-conference cross country runner, finishing fifth in '92 and sixth in '93...ran a team best in the 10,000 meter in '92 and '93; also in '93 a team best in the 5,000 meter...named to the

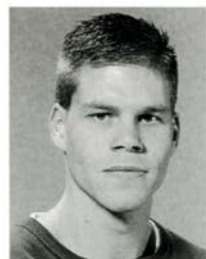
conference all-academic team in '92 and '93...placed second in the state two mile and third place at the '90 Drake Relays. Personal Best: 3,000 meters- 8:30.94; 5,000 meters- 14:57.67 indoor, 14:49.48 outdoor; 10,000 meters- 31:09.60



Jason McCleary
Senior
Hurdles/Decathlon
6-0, 170
Newton, IA/Newton

Named 1993 MVC Co-Athlete of the Year after winning the decathlon, long jump and finishing second in the 110-meter hurdles...coming off serious knee injury in football, still set school

best in javelin, decathlon and long jump in '94...named all-conference at the outdoor meet by placing third in the decathlon and 4 x 100 relay...'93 provisional qualifier in the 55-meter hurdles, decathlon and indoor long jump...won the '93 MVC indoor title in the long jump and placed second in the 55-meter hurdles...owns the school indoor long jump record and ranks second on the outdoor list...also member of the school record-breaking shuttle hurdle, sprint medley and 400-meter relay squads...a starting free safety on the football team, also earned All-American honors in 1994. Personal Best: 55-meter hurdles - 7.32; 110-meter hurdles - 14.11; decathlon - 7,225; long jump - indoor - 24-8 1/4, outdoor - 24-10 1/2

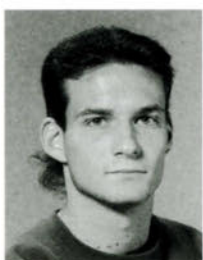


Tim Suchan
Senior
High Jump
6-4, 190
Cedar Rapids, IA/Kennedy

One of the best leapers in school history...won the ISU Holiday Classic this season...placed 13th nationally at the NCAA Indoor Championships in '94 and also qualified for the NCAA Outdoor

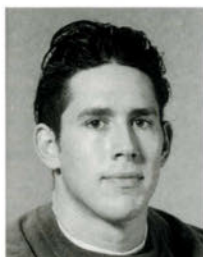
Championships but failed to place...ranked first on the all-time outdoor performers list and second on the all-time indoor list...set the UNI-Dome record for the high jump in '94...as a sophomore earned second place at the Missouri Valley indoor meet...set a new record at the Ole Miss Invitational clearing 6-11...sat out the '92 season due to an injury...provisionally qualified for the NCAA Indoor Championships as a freshman...won the Mid-Continent outdoor title in '92 and finished second at the indoor championships. Personal Best: indoor - 7-3, outdoor - 7-3 3/4

Panther Profiles



Ryan Santi
Senior
High Jump
6-2, 190
Madrid, IA/Madrid

Named indoor all-conference in the 1,600 meter relay with a second-place finish...became the fourth Panther to clear seven feet in the high jump last season...ran a team-best time in the indoor 1,600 meter relay...ran on the outdoor 4 x 100 and sprint medley relay teams that set season best times...as a freshman placed third in the outdoor and fourth in the indoor Missouri Valley Championships with jumps of 6-10 3/4...named first team all-conference in football and track and second team in basketball as a senior at Madrid. Personal Best: decathlon - 6,205; high jump - indoor - 7-0 1/2, outdoor - 7-0 1/4; long jump - 22-11 1/2



Matt Casillas
Junior
Shot Put/Hammer/35# Weight
6-4, 250
Davenport, IA/North

Ranks second on UNI's 35# weight list and also ranks in the top five performers in the shot put, both indoor and outdoor, and hammer throw...won the shot put at Illinois State, WSB Invitational, UNI-Dome Open and Jim Duncan Invitational last season...named indoor all-conference in the 35# weight, placing third...had team best in the indoor shot put and 35# weight and in the outdoor shot put and discus in '94...redshirted in '92...enjoyed an impressive high school career with runner-up finishes at the state meet and Drake Relays. Personal Best: indoor shot put 55-0 1/4, 35# weight 59-9 1/2; outdoor shot put 54-10 1/4, hammer throw 174-8.



Alex Garn
Junior
Hurdles
5-10, 155
Ames, IA/Ames

Finished fourth at the ISU Holiday Classic in the 55-meter hurdles in December...a member of the school record-breaking shuttle hurdle relay team...named to the Missouri Valley Conference Academic Honor Roll last year...finished second at the '93 Drake Relays on the shuttle hurdle relay team. Personal Best: 110 hurdles- 15.29



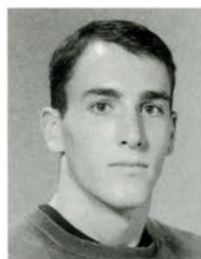
Jeff Joiner
Junior
Distance
5-9, 130
Luana, IA/Waukon

Won the Iowa State Holiday Classic in the 3,000 meters in December after sitting out most of the '94 cross country season with an injury...ran a team-best time of 15:02.2 in the outdoor 5,000 meters in '94...a two time all-conference cross country runner in '92 and '93 placing ninth and fifth, respectively...redshirted in track and field in '92...voted to the MVC all-academic team in '92 and '93...won the state cross country title as a senior...qualified for the state track meet his junior and senior years. Personal Best: 3,000 meters- 8:30.94



Jim Liebermann
Junior
Sprints/Hurdles
5-11, 170
Solon, IA/Solon

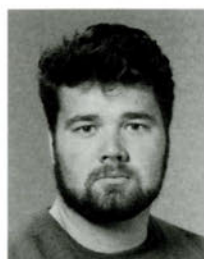
Won the 400 meters and ran on the 1,600-meter relay team that finished first at the Iowa State Holiday Classic in December...a member of the first place 4 x 400-meter relay team at the Jim Duncan Invitational last spring...placed first in the distance medley relay at the '94 Kansas Relays...took the title in the 400-meter dash at the '93 Cyclone Holiday Classic...finished sixth in the decathlon at the conference outdoor meet in '94. Personal Best: 400-meter hurdles - 54.21



Matt Mullenix
Junior
Middle Distance
6-0, 165
Woodbine, IA/Woodbine

Won the 800 meters at the ISU Holiday Classic this season...ran on the season-best teams in the mile, two-mile and distance relays in '94...finished second in the 800 meters at the Iowa State Holiday Classic and the Illinois State Invitational a year ago...member of the cross country team the past two seasons...redshirted the outdoor track season in '93...won the state 800 and 1,600 meters and the medley relay as a senior...named Southwest Iowa Athlete of the Year in '92...named all-state in football and all-conference in baseball at Woodbine. Personal Best: 600 meters - 1:22.1; 800 meters - 1:53.37

Panther Profiles



Allan Walz

Junior

Throws

6-4, 265

Bondurant, IA/Bondurant-Farrar

One of the top throwers in school history who set the school record of 60-0 in the 35# weight last season in the UNI-Dome Open...redshirted last season after competing as a true freshman in

1992...ranks in the top five performers in the hammer throw, discus, shot put and the 35# weight...had the team's top efforts in the 35# weight, discus and hammer throws in his first two seasons...won the 35# weight at the UNI-Dome Open and Iowa Invitational as a sophomore...finished second in the Missouri Valley discus as a freshman...highly recruited out of high school...ranked fifth in the nation as a senior with a toss of 190-2 in the discus...participated in the Keebler International and Golden West meets his senior year. Personal Best: 35# weight - 60-0; discus - 177-0; hammer throw-188-10



Guy Willey

Junior

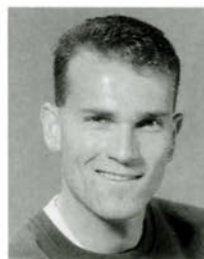
Middle Distance/Distance

5-10, 135

Ames, IA/Ames

Finished second in the 3,000 meters at the ISU Holiday Classic this season...a member of the past three Panther cross country teams, running on the '92 conference championship and '93

runner-up squad...named honorable mention to the academic all-MVC track and field team in '94...finished with a team-best time in the steeplechase (10:04.37) at the Alabama Relays a year ago...finished second against Arkansas State and third in the UNI-Dome Open in the 1,000 meters as a freshman...member of four state championship track teams at Ames High. Personal Best: 3,000 meters - 8:49.57 indoor



Joey Woody

Junior

Long Sprints/Hurdles

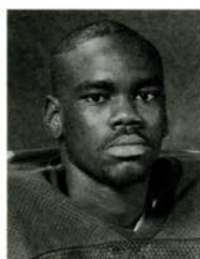
6-2, 165

Iowa City, IA/City High

Already has made a name for himself nationwide as one of the fastest Panthers in history...earned All-American status by finishing fifth in the 400-meter hurdles at the '94 NCAA Outdoor

Championships...named District 5 Athlete of the Year for '94 outdoor season...named 1994 Missouri Valley Conference Male Athlete of the Year...named top male athlete at the 1994 Drake Relays...set the school record in the 600 meters this season at the ISU Holiday Classic...earned indoor all-conference honors with a second-place finish in the 1,600 meter relay...a four-event '94 outdoor all-conference honoree by winning the 110 hurdles, 400 hurdles and placing second in the 400 meters and the 4 x 400 relay...broke his own record in the 400-meter hurdles (50.42) ...on UNI's all-time top five performers lists in the outdoor 400, 800, 110-meter hurdles and 400-meter hurdles; also in the indoor 400 and 600

meters...qualified for the 1994 USA National Mobile Track and Field Championships...ran a team-best in the indoor 400, 600, 1600-meter relay and distance medley relay; in the outdoor season, had season-best times in the 110-meter hurdles, 400, 600 and 800 meters, 4 x 400 meter relay, sprint medley relay, and two-mile relay...set the school record in the 600 meters in his first collegiate meet...voted top high school athlete at the 1992 Drake Relays after winning the 400-meter hurdles and the 1,600-meter relay and finishing second in the high jump and 110-meter hurdles...a two-time all-stater in track and field and all-state wide receiver in football. Personal Best: 400 meters - 48.54 indoor, 47.09 outdoor; 600 meters - 1:18.57; 400-meter hurdles - 50.42; 800 meters - 1:48.41 outdoor



Alonzo Clayton

Sophomore

6-3, 165

Hurdles

Fort Dodge, IA/Fort Dodge

Won the 55-meter hurdles at the indoor conference championships in 7.55 seconds...jumped 23-2 in the indoor long jump, best on the team for '94...a member of the conference champion-

ship football team last fall as a redshirt freshman wide receiver...an excellent all-around high school athlete who was voted all-conference twice in football and baseball...played in the 1993 Shrine Bowl All-Star Game. Personal Best: 55-meter hurdles - 7.55



Maceo Strickland

Sophomore

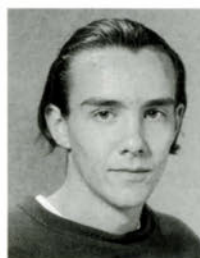
Sprints

6-1, 195

East Moline, IL/United Township

Won the conference 100-meter dash last year as a freshman and earned all-conference honors in the 4 x 100 relay...ran team bests in the 55 and 200 for the indoor season and 100, 200, 4 x 100

and sprint medley relay teams in the outdoor season...member of the Panther football team after redshirting in 1993...three-year high school track MVP...was a finalist in the 100 and 200 meters for Class AA...earned all-conference honors for three years. Personal Best: 55 meters- 6.44; 100 meters-10.43; 200 meters- 22.37 indoor, 21.76 outdoor



Jay Brock

Freshman

Middle Distance

5-10, 125

Dubuque, IA/Senior

Made an immediate impact for the cross country squad last fall, spending much of the season as the number two runner...had the second-fastest time for a freshman at the Missouri Valley

Conference cross country meet...finished fifth at the 1993 state high school cross country meet, earning Elite All-State honors...part of the 4 x 800 relay team that won state in 1993 and '94. Personal Best: 8,000 meters- 25:42 (cross country)

Panther Profiles



Jon Judisch
Freshman
Sprints/Middle Distance
6-0, 160
Tripoli, IA/Tripoli

Finished second in the 400 meters in his first collegiate meet at the ISU Holiday Classic in December...a four-sport athlete in high school, earning 14 letters in football, basketball, track and baseball...named first-team all-state in football and honorable mention all-state in basketball...ran the 400 meters in 48.54 in high school. Personal Best: 400 meters- 49.33



Kyle Kepler
Freshman
Distance
5-8, 125
Webster City, IA/Webster City

Redshirted last season in both the indoor and outdoor season...a two-time all-conference runner in cross country...top runner for the 1994 cross country squad...1992 member of the Elite All-State cross country squad...earned all-conference honors six times in track and four in cross country. Personal Best: 8,000 meters- 24:49 (cross country)



Mike Maddox
Freshman
Discus/Shot Put
6-4, 240
Girard, IL/Girard

Runner-up in the discus at the 1992 Illinois state high school meet, winning the title in '93...runner-up in the shot put at the 1993 state meet...all-conference in the shot put and discus in '91, '92 and '93... school record holder in the shot put and discus. Personal Best: shot put- 45-4



Todd Madsen

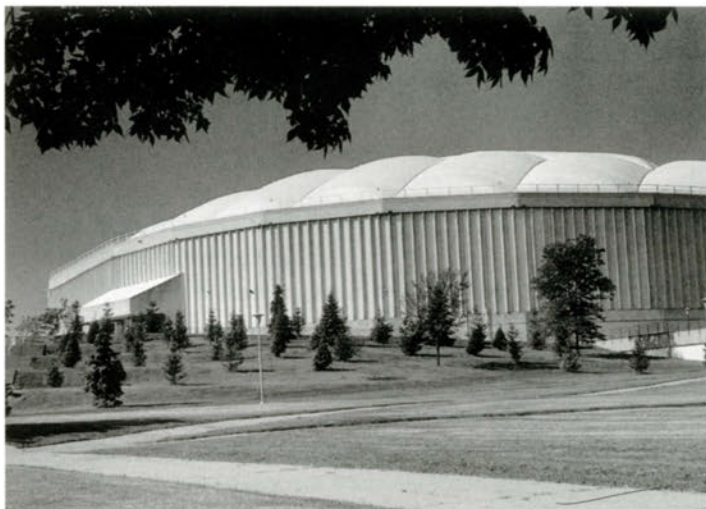
Facilities

The UNI-Dome is a unique, multi-purpose athletic facility built in 1976 which has a reputation as one of the finest indoor track facilities in America.

It has been the site of numerous nationally prominent meets such as the Central Collegiate Conference Championships, the Mid-Continent Conference Championships, the AIAW National Championships and is annually the site of the premier indoor high school track meet in Iowa, the A.D. Dickinson Relays. In February of 1993, in just its second year in the conference, Northern Iowa hosted the Missouri Valley Conference Championships.

A glance at the UNI-Dome records list shows some of America's finest athletes, both past and present, have competed in the facility in its 19-year history.

The Dome combines the features of a fieldhouse, football stadium and large auditorium. In addition to top track and field events, it also has hosted NCAA football playoffs and will be the home of the 1997 NCAA Division I Wrestling Championships.



UNI-Dome

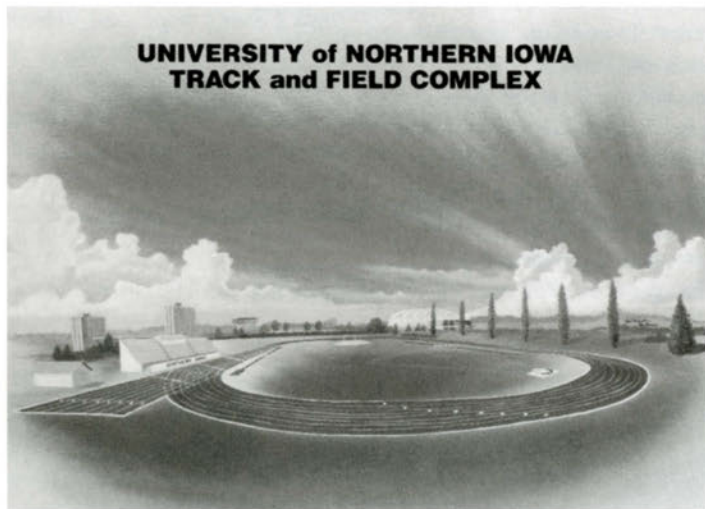
Approximately 16,400 spectators can be seated for football games and track meets and 10,000 for courtside activities.

The facility provides an ideal training atmosphere for the Northern Iowa track and field program. The Panthers are able to train in the Dome from November to April, utilizing all the field event stations simultaneously due to the spacious arrangement on the arena floor.

With one of the fastest 200-meter indoor tracks in America to call home, the Panthers annually attract some of the finest teams in the Midwest to their home meets.

In the very near future, Northern Iowa will be able to claim some of the finest overall track and field facilities anywhere with the construction of a new outdoor track and field complex on campus.

The new facility will feature a 400-meter track with eight 48-inch lanes, the latest polyurethane surface and all field event stations. Ground is expected to be broken on the new facility in 1995.



Proposed Outdoor Facility

UNI-Dome Records

55-Meter Dash.....	6.09, Mark Witherspoon, Mizuno/Houston (1994)
55-Meter Hurdles.....	7.29, Johnny Westbrook, Northern Iowa (1993)
200 Meters.....	21.28, Dazel Jules, Eastern Michigan (1988)
400 Meters.....	46.38, Tim Simon, Illinois (1988)
600 Yards.....	1:09.81, Frankie Atwater, Iowa State (1990)
600 Meters.....	1:18.7, Joseph Chepsiror, Iowa State (1994)
800 Meters.....	1:49.42, Brad Horton, Eastern Michigan (1988)
1,000 Yards.....	2:09.49, Randy Wilson, Unattached (1980)
1,000 Meters.....	2:27.92, Dmitry Dorzdov, Iowa State (1994)
1,500 meters.....	3:47.74, John Clarke, Iowa T.C. (1977)
Mile Run.....	4:01.52, Roland Pauwels, Iowa State (1989)
3,000 meters.....	8:02.24, Barnaba Korir, Iowa State (1988)
Two-Mile Run.....	8:41.41, Raf Wyns, Iowa State (1985)
5,000 meters.....	14:09.59, Don Johns, Eastern Michigan (1988)
440-yd. Relay.....	42.50, Northern Iowa Williams, Ellis, Case, Samuel (1982)

Mile Relay.....	3:10.68, Illinois Tolbert, Bridges, Hamer, Simon (1988)
Sprint Medley Relay.....	3:34.34, Northern Iowa Ebenezer, Robers, Froehle, Connell (1976)
Distance Medley Relay.....	9:57.37, Notre Dame Rogan, Harris, O'Connor, Garret (1988)
Shuttle Hurdle Relay.....	29.52, Unattached White, Lathrop, Morrison, Connor (1985)
Two-Mile Relay.....	7:34.54, Eastern Illinois Oaks, Conlon, Neal, Maton (1988)
35-lb. Weight Throw.....	67 1/4, Angus Cooper, Kent State (1988)
Shot Put.....	66-10 1/2, Al Fuerbach, Pacific Coast T.C. (1976)
High Jump.....	7-3 1/4, Pete Herber, Northern Iowa (1994)
Triple Jump.....	52-2 1/4, Bannon Hayes, Illinois (1988)
Long Jump.....	25-4 1/2, Ed Stewart, Mankato State (1982)
Pole Vault.....	17-9 1/4, Kelly Riley, Arkansas State (1990)

Missouri Valley Conference

Seeds for the creation of the Missouri Valley Conference were planted by eight administrators representing five institutions who gathered at the Midland Hotel in Kansas City, Mo., on January 12, 1907. Basketball became the first competitive sport and served as in the initial step in establishing the MVC as one of the most respected leagues in the nation.

While MVC basketball and baseball have flourished in the national spotlight, Valley track and field and cross country athletes have been making their mark nationally as well.

MVC teams boast a proud, rich tradition in track and field and cross country and have produced numerous All-Americans over the years. In addition, several track and field athletes representing current MVC schools have competed in the Olympics. The most recent was former Southern Illinois standout Darrin Plab, a two-time national high jump champion in 1991 and '92, who competed in the 1992 Barcelona Games.

National champions and All-Americans aren't anything new for MVC teams. Plab is one of eight SIU national champions, while Drake has had five and Indiana State recently added Chris Lancaster, the 1990 NCAA outdoor high hurdles champion, to the honor roll.

Northern Iowa has produced perennial NCAA qualifiers in recent years, including three All-Americans in the last five seasons.

The 1992-93 academic year was a landmark year for the conference when, for the first time ever, it began administering women's programs.

The women's squads have brought their share of tradition to the Valley. Two former Southern Illinois stars, Connie Price-Smith and Shelly Zack, competed in the Olympics for the second time in 1992.

Other recent standouts include Indiana State's Holli Hyche, a double NCAA champion sprinter a year ago.

Composite Standings Since 1991-92

(average finish in MVC meets)

1. Illinois State	2.30
2. NORTHERN IOWA	2.90
3. Southern Illinois	3.30
4. Indiana State	3.50
5. Wichita State	4.50
6. Southwest Missouri	5.10
7. Drake	6.80

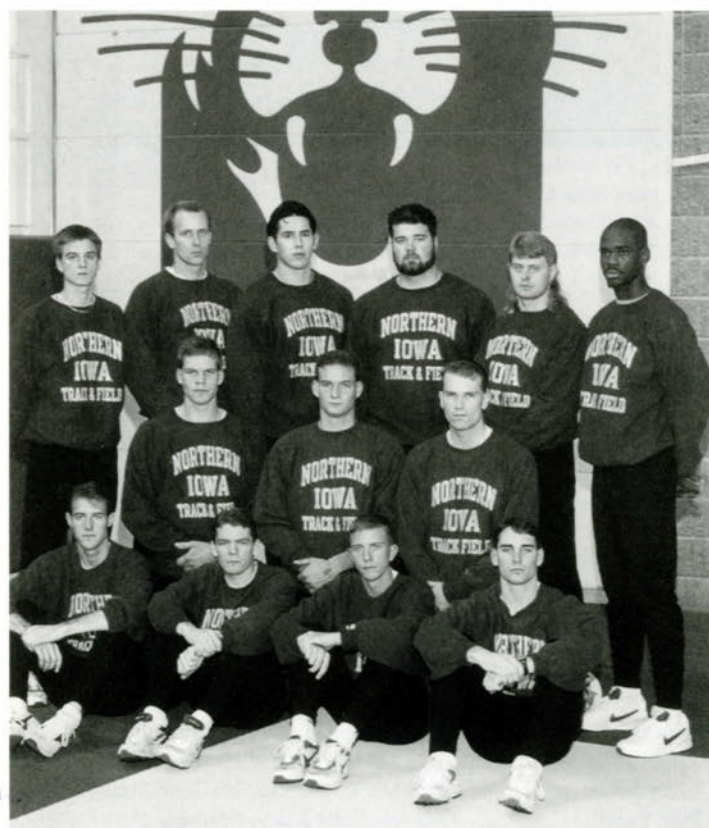
Since joining the Missouri Valley Conference in 1991, Northern Iowa's men's track and field program has been one of the most consistent forces in the league. The Panthers claimed the 1992 cross country title and finished runner-up in the three conference meets in 1993. The Panthers worst conference finish was the 1994 cross country meet finishing sixth, with all runners returning, the Panthers look towards the title next season. This is based on 10 MVC meets.

MVC athletes have excelled in the classroom as well. Peter Bednekoff, a track athlete from Tulsa, earned a Rhodes scholarship in 1988. Indiana State's Kyle Hobbs, an NCAA cross country qualifier in 1991, is an Academic All-American, as was SIU's Mark Stuart in 1992.

In its short history in the MVC, the Northern Iowa men's team has placed more student-athletes on the league's annual all-academic teams than any of its rivals.

In addition to track and field and cross country, the Missouri Valley Conference sponsors the following sports: baseball, men's and women's basketball, men's and women's golf, men's soccer, softball, men's and women's tennis and women's volleyball.

Members of the Missouri Valley Conference include: Bradley University, Creighton University, Drake University, Illinois State University, Indiana State University, the University of Northern Iowa, Southern Illinois University, Southwest Missouri State University, the University of Tulsa, Wichita State University and the University of Evansville, which became the league's 11th member in last July 1.



UNI's Returning All-MVC Performers: Front row (l-r) - Jason Meyer, Jeff Joiner, Kyle Kepler and Todd Madsen; middle row (l-r) - Tim Suchan, Ryan Santi and Joey Woody; back row (l-r) - Chad Flynn, Pete Herber, Matt Casillas, Allan Walz, Jason McCleary and Alonzo Clayton. Not pictured - Maceo Strickland.

Missouri Valley Conference

1994

Cross Country

1. Southern Illinois	33
2. Southwest Missouri	52
3. Indiana State	64
4. Illinois State	122
5. Tulsa	134
6. NORTHERN IOWA	155
7. Drake	163
8. Wichita State	218
9. Bradley	265
10. Creighton	304
11. Evansville	313

Indoor

1. Illinois State	150
2. Wichita State	95
3. NORTHERN IOWA	85
4. Indiana State	78
5. Southern Illinois	72.5
6. Drake	35.5
7. Southwest Missouri	30
8. Tulsa	12

Outdoor

1. Wichita State	172
2. Illinois State	120
3. NORTHERN IOWA	100
4. Indiana State	93
5. Southern Illinois	85
6. Drake	40
7. Southwest Missouri	33
8. Tulsa	5

1993

Cross Country

1. Illinois State	68
2. NORTHERN IOWA	69
3. Southwest Missouri	71
4. Indiana State	82
5. Southern Illinois	82
6. Drake	144
7. Wichita State	168
8. Tulsa	182
9. Bradley	268
10. Creighton	294

Indoor

1. Illinois State	145
2. NORTHERN IOWA	132
3. Indiana State	93
4. Wichita State	58
5. Southern Illinois	55
6. Southwest Missouri	45
7. Drake	29

Outdoor

1. Indiana State	139
2. NORTHERN IOWA	122
3. Illinois State	115
4. Southern Illinois	99
5. Wichita State	83
6. Southwest Missouri	67
7. Drake	27

1992

Cross Country

1. NORTHERN IOWA	53
2. Illinois State	69
3. Southwest Missouri	73
4. Wichita State	120
5. Indiana State	126
6. Southern Illinois	141
7. Tulsa	175
8. Bradley	186
9. Drake	199
10. Creighton	290

Indoor

1. Southern Illinois	135
2. Illinois State	115
3. Indiana State	93.5
4. NORTHERN IOWA	65
5. Southwest Missouri	61

6. Wichita State	48.5
7. Drake	39
8. Bradley	1
9. Tulsa	0

Outdoor

1. Southern Illinois	145
2. NORTHERN IOWA	124
3. Indiana State	112
4. Illinois State	99
5. Southwest Missouri	95
6. Wichita State	43
7. Drake	31
8. Bradley	1
9. Tulsa	0

1991

Cross Country

1. Southern Illinois	47
2. Wichita State	56
3. Illinois State	78
4. NORTHERN IOWA	132
5. Indiana State	137
6. Drake	142
7. Southwest Missouri	165
8. Tulsa	190
9. Bradley	191
10. Creighton	300



Maceo Strickland

Panther Track & Field History

- 1925 - Arthur Dickinson establishes the school's first track and field team and remains as head coach until 1962.
- 1935 - Iowa State Teachers College (UNI) changes conference affiliation, moving from the Iowa Conference to the North Central Conference.
- 1939 - William Jenkins becomes the first athlete in school history to earn All-America honors in cross country.
- 1962 - Jack Jennett succeeds Arthur Dickinson as head coach. During his tenure, Dickinson posted a 128-14 dual record and captured 17 conference championships.
- 1969 - UNI has its first All-American in 29 years and first ever in Division II as Larry McCready places eighth at the NCAA Championships in the 120-yard hurdles.
- 1976 - Lynn King takes over as head coach as Jack Jennett resigns after 14 years at the helm. During his reign, Jennett led the Panthers to 11 conference team titles and 19 individual All-America performances.
- 1976 - UNI-Dome opens, giving Northern Iowa one of the finest indoor track and field facilities in America. Since its opening, the 16,400-seat stadium has hosted numerous major track and field events, including the NCAA Division II Championships.
- 1978 - Brent Geringer claims Northern Iowa's first national championship by winning the discus at the NCAA Division II Championships.
- 1979 - UNI joins the Mid-Continent Conference and wins the first-ever league track and field championship.
- 1981 - Northern Iowa upgrades NCAA affiliation from Division II to Division I.
- 1984 - Chris Bucknam elevated from assistant to head coach after Lynn King leaves coaching to concentrate on administrative duties. King produced 10 conference titles and 24 All-Americans.
- 1989 - Jeff Burris and Dan Hostager become All-Americans by placing in the 800 and 3000, respectively.
- 1990 - Panthers win their final Mid-Continent Conference team championship, the indoor title in the UNI-Dome. From 1984-90, UNI captured nine conference titles.
- 1991 - UNI joins Missouri Valley Conference and finishes no lower than fourth in three conference meets, including second in its first MVC Outdoor Championship.
- 1992 - Panthers capture the University's first MVC title in any sport, winning the men's cross country championship.
- 1993 - Johnny Westbrook earns All-America honors by placing in the 55-meter hurdles as the Panthers finish second at MVC indoor and outdoor championships.
- 1994 - Joey Woody earns All-American status in the 400-meter hurdles and is named Male Athlete of the Meet at the Drake Relays and Missouri Valley Outdoor Athlete of the Year.

All-Americans

- 1939 - William Jenkins (Cross Country)
- Division II**
- 1968 - Larry McCready (120 Hurdles)
- 1969 - Larry McCready (120 Hurdles)
Wayne Carpenter (Mile)
- 1970 - Wayne Carpenter (Mile)
Mike McCready (Shot Put)
Rich Twedt (Cross Country)
- 1971 - Mike McCready (Shot Put, Discus)
Rich Twedt (Three-Mile, Cross Country)
- 1972 - Mike McCready (Shot Put)
Rich Twedt (Cross Country)
- 1973 - Rich Twedt (Cross Country)
Ron Peters (Cross Country)
Dennis Roloff (Mile)
Dennis Schultz (Mile)
Dave Anderson, Mike Byington, Steve DeSerano, Dennis Roloff (Mile Relay)
- 1974 - Dennis Schultz (Mile)
Rich Twedt (Six-Mile)
Scott Noltensmeier (120 Hurdles)
Steve Ford (Pole Vault)
Kent Wessely (High Jump)
Bill Cook (Decathlon)
- 1975 - Keith Schmidt (Pole Vault)
- 1977 - Bill Friedman (1,500 Meters)
John Holler (Shot Put)
Brent Geringer (Discus)
Bill Glassmaker (800 Meters)
Bill Lawson (Decathlon)
- 1978 - Brent Geringer (Discus, Shot Put) National Discus Champion
Bob Friedman (1,500 Meters)
Bill Glassmaker (800 Meters)
Bill Lawson (Decathlon)
Tom Rogers (Pole Vault)
- 1979 - Bob Friedman (1,500 Meters)
Brent Geringer (Discus, Shot Put)
Bill Glassmaker (800 Meters)
Tom Akers (400 Hurdles)
Tim Jamerson (Pole Vault)
Bill Lawson (Pole Vault)
Jim Eredge (Cross Country)
Kim Sprain (Cross Country)
Bill Lawson (Decathlon)
- 1980 -
- Division I**
- 1979 - Brent Geringer (Discus)
- 1989 - Jeff Burris (800 Meters)
Dan Hostager (3,000 Meters)
- 1993 - Johnny Westbrook (55-Meter Hurdles)
- 1994 - Joey Woody (400-Meter Hurdles)

NCAA Division I Qualifiers

(Automatic & Provisional)

- 1985 - Russ Adams, Pole Vault (Outdoor)
- 1988 - Jeff Burris, 800 Meters (Indoor)
- 1989 - Jeff Burris, 800 Meters (Indoor)
Dan Hostager, 3,000 Meters (Indoor)
- 1990 - Jim Turner, 400 Meters (Indoor)
Kenny Shedd, 200 Meters (Indoor)
Jeff Burris, 800 Meters (Outdoor)
- 1991 - Brad Miller, Pole Vault (Indoor)
Bob Edwards, Pole Vault (Indoor)
Steve Daugherty, High Jump (Indoor)
Tim Suchan, High Jump (Indoor)
- 1992 - Brad Miller, Decathlon
- 1993 - Johnny Westbrook, 55-Meter Hurdles
Joey Woody, 400 Hurdles
Jason McCleary, 55-Meter Hurdles/Decathlon
Miklos Arpasi, 800 Meters (Indoor and Outdoor)
- 1994 - Joey Woody, 400 Hurdles
Tim Suchan, High Jump (Indoor and Outdoor)
Pete Herber, High Jump (Indoor)
Miklos Arpasi, 800 Meters (Indoor and Outdoor)

Indoor Records

EVENT	UNI RECORD	MVC RECORD
55-Meter Dash	6.25 Kenny Shedd (1992)	6.22, Kenny Shedd Northern Iowa(1992)
55-Meter Hurdles	7.29 Johnny Westbrook (1993)	7.26, Chris Lancaster Indiana State (1990)
200 Meters	21.49 Kenny Shedd (1992)	21.15, Kevin Little Drake (1990)
300 Meters	33.95 Jim Turner (1989)	29.81, Michael Franks (300 Yds.) Southern Illinois (1990)
400 Meters	47.01 Jim Turner (1990)	47.87, Erick Pegues Southern Illinois (1989)
600 Yards	1:10.02 Jeff Burris (1990)	Not competed at conference level
600 Meters	1:18.57 Joey Woody (1994)	1:17.80, Nave Wilson Illinois State (1988)
800 Meters	1:49.56 Jeff Burris (1989)	1:49.88, Dave Rzeszutko Illinois State (1992)
1,000 Yards	2:10.84 Bill Glassmaker (1979)	2:08.67, Mike Sullivan Indiana State (1984)
1,000 Meters	2:29.73 Chad Flynn (1994)	2:26.60, Nick Schwartz Southern Illinois (1992)
Mile Run	4:07.54 Tom Penningroth (1989)	4:04.00, Chris Mares Drake (1981)
3,000 Meters	8:02.67 Dan Hostager (1989)	8:20.28, Mike Straza Illinois State (1992)
Two-Mile Run	8:54.70 Dave O'Brien (1979)	8:46.38, Mike Baker Illinois State (1982)
5,000 Meters	14:27.01 Dan Hostager (1989)	14:20.40, Trey Harrison Wichita State (1989)
1,600-Meter Relay	3:15.18 Honeck, Terrillion, Turner, Shedd (1990)	3:13.00 Southern Illinois (1982)
Mile Relay	3:16.11 Bartelt, Burris, Terrillion, Glasnapp (1988)	Not competed at conference level
3,200-Meter Relay	7:27.32 Jay, Terrillion, Ross, Burris (1989)	7:34.00 Illinois State (1988)
Two-Mile Relay	7:29.32 Jay, Terrillion, Ross, Burris (1989)	Not competed at conference level
Distance Medley Relay	10:00.22 Brennan, Hopkins, Glassmaker, Friedman (1979)	9:46.51 Southern Illinois (1984)
High Jump	7-3 1/4 Pete Herber (1994)	7-4 1/2 Kevin Clements, Ill. St. (1990); Darrin Plab, So. Illinois (1991)
Long Jump	24-8 1/4 Jason McCleary (1993)	25-7, Brian Bradley Southern Illinois (1988)
Triple Jump	52-1 Junior Chukukere (1992)	52-3 1/2, Dion Simmons Illinois State (1994)
Pole Vault	17-5 1/4 Brad Miller (1991)	17-7 1/2, Mike Heath Wichita State (1992)
Shot Put	60-3 1/4 Brent Geringer (1979)	62-4, John Smith Southern Illinois (1984)
35-Lb. Weight	60-0 Allan Walz (1994)	66-7 1/4, John Hamilton Wichita State (1993)

Outdoor Records

EVENT	UNI RECORD	MVC RECORD
100-Meter Dash	10.43 Maceo Strickland (1994)	10.2 Mike Kee, Southern Illinois (1977); Iziah Adeyanju, Wichita State (1990)
110-Meter Hurdles	13.84 Larry McCready (1967)	13.67, Ed Williams Southern Illinois (1992)
200 Meters	20.95 Kenny Shedd (1992)	20.53, Ed Williams Southern Illinois (1992)
400 Meters	46.84 Dennis Roloff (1972)	45.91, Elvis Forde Southern Illinois (1984)
400-Meter Hurdles	50.42 Joey Woody (1994)	49.99, David Lee Southern Illinois (1981)
800 Meters	1:48.10 Jeff Burris (1988)	1:48.48, Billy Rainey Southwest Missouri (1992)
1,500 Meters	3:44.06 Bob Friedman (1979)	3:45.00, Chris Mares Drake (1980)
Mile Run	4:03.94 Dennis Schultz (1974)	4:02.74, Allen Walker Wichita State (1973)
3,000-Meter Steeplechase	9:04.85 Jeff Short (1991)	Not competed at conference level
5,000 Meters	14:20.24 Dan Hostager (1990)	14:05.12, Carl Davies Illinois State (1993)
10,000 Meters	29:51.64 Chris Leonard (1985)	29:37.91, Mike Keane Southern Illinois (1981)
400-Meter Relay	40.93 Shedd, Westbrook, McCleary, Honeck (1992)	40.26 Drake (1985)
1,600-Meter Relay	3:11.39 G.Garn, Woody, Arpasi, Honeck (1993)	3:04.60 Southern Illinois (1982)
Sprint Medley Relay	3:17.29 McCleary, Honeck, Woody, Arpasi (1993)	Not competed at conference level
Distance Medley Relay	9:47.70 Burris, Shedd, Terrillion, Hostager (1990)	Not competed at conference level
Shuttle Hurdle Relay	56.95 McCleary, Woody, A. Garn, Westbrook (1993)	Not competed at conference level
High Jump	7-3 3/4 Tim Suchan (1994)	7-8, Darrin Plab Southern Illinois (1992)
Pole Vault	17-4 1/2 Bob Edwards (1992)	17-4 1/2, Bob Edwards Northern Iowa (1992)
Long Jump	24-10 3/4 Wayne Simon (1987)	25-7 1/2, Don DuVall Wichita State (1978)
Triple Jump	51-6 1/4 Junior Chukukere (1992)	53-11 3/4, Dion Simmons Illinois State (1992)
Shot Put	58-6 John Holler (1976)	61-7 3/4, Joel Sward Drake (1992)
Discus	199-6 Brent Geringer (1979)	193-8, Dwayne Mayfield West Texas State (1982)
Javelin	204-8 Mike Raffensperger (1989)	274-7, Bob Roggy Southern Illinois (1978)
Hammer Throw	185-9 Tom Reints (1982)	209-2, Matt Quinn Indiana State (1993)
Decathlon	7,419 Brad Miller (1992)	7,574, Keith Stewart West Texas State (1984)

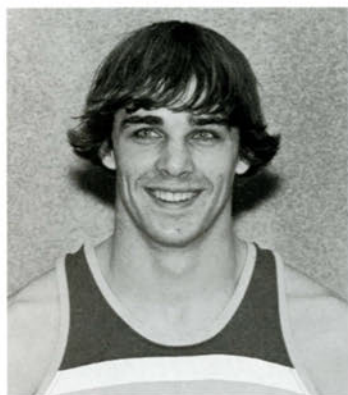
Two-Sport Athletes

A unique characteristic of the Northern Iowa athletic “family” is the cooperation between programs, allowing student-athletes to compete in more than one sport rather than having to choose one over another. The men’s track and field program has had many student-athletes take advantage of those opportunities over the years, with some of the more prominent of those featured below.



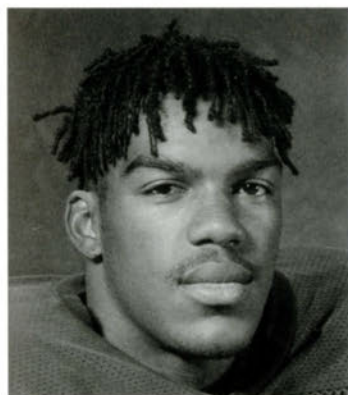
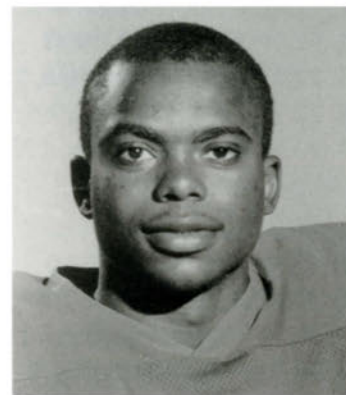
Kenny Shedd
*Wide Receiver,
Chicago Bears*
School Recordholder
and Multiple Conference
Champion in
Sprints

Jason McCleary
All-American Defensive
Back
1993 Missouri Valley
Conference Outdoor Track
and Field Athlete of the
Year



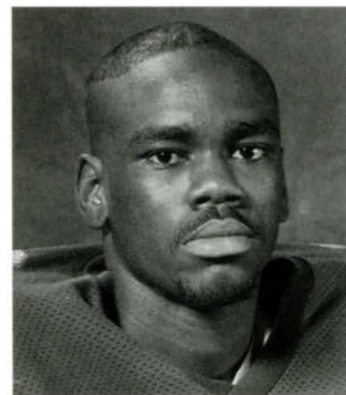
Craig Nordlie
All-Conference Return
Specialist
School Recordholder in
Sprints

Joe Fuller
*Defensive Back, Ottawa
Roughriders (formerly
with Green Bay, Minne-
sota, San Diego)*
School Recordholder and
Conference Champ in
Sprints



Maceo Strickland
All-Newcomer Defensive
Back and conference
champion and school
recordholder in 100-meter

Alonzo Clayton
Wide receiver and
sprinter/hurdler; confer-
ence 55-meter hurdles
champion



“Our football staff has a great relationship with the track and field coaches. We feel like participation in both sports has benefitted everyone involved, but most importantly the student-athletes. And the people that have competed in both since I’ve been here, like Kenny Shedd and Jason McCleary, have certainly proven it’s possible to excel in both. We’re very proud of our track and field program at Northern Iowa and thankful that we have coaches like Chris and Bill to work with.”

— Northern Iowa Football Coach Terry Allen

Top All-Time Indoor Performers

55-Meter Dash

1. 6.25 Kenny Shedd, 1992
2. 6.34 Joe Fuller, 1984
3. 6.37 Doug Case, 1984
4. 6.44 Bill Hall, 1949
- 6.44 Frank Robinson, 1957
- 6.44 Jason McCleary, 1993
- 6.44 Maceo Strickland, 1994

55-Meter Hurdles

1. 7.29 Johnny Westbrook, 1993
2. 7.31 Jay Connor, 1984
3. 7.32 Jason McCleary, 1993
4. 7.48 Craig Nordlie, 1981
5. 7.49 Alonzo Clayton, 1994

200 Meters

1. 21.49 Kenny Shedd, 1992
2. 21.79 Jim Turner, 1990
3. 22.14 David Harrington, 1988
4. 22.24 Cole Honeck, 1992, '93
5. 22.38 Rodney Garrett, 1988

400 Meters

1. 47.01 Jim Turner, 1990
2. 48.16 Kenny Shedd, 1991
3. 48.44 Brooks Glasnapp, 1987
4. 48.54 Joey Woody, 1994
5. 48.58 Miklos Arpasi, 1993

600 Meters

1. 1:18.57 Joey Woody, 1994
2. 1:19.59 Miklos Arpasi, 1994
3. 1:20.75 Gregg Garn, 1994
4. 1:20.79 Jason Sweet, 1992
5. 1:21.19 Kent Terrillion, 1990

800 Meters

1. 1:49.30 Miklos Arpasi, 1993*
2. 1:49.56 Jeff Burris, 1989
3. 1:50.70 Kent Terrillion, 1988
4. 1:52.44 Bill Glassmaker, 1978
5. 1:52.54 Roy Eiben, 1953

Mile Run

1. 4:07.54 Tom Penningroth, 1989
2. 4:09.77 Bill Glassmaker, 1984
3. 4:09.84 Dennis Schultz, 1974
4. 4:10.57 Chad Flynn, 1993

3,000 Meters

1. 8:02.67 Dan Hostager, 1989
2. 8:15.77 Tom Penningroth, 1989*
3. 8:16.31 Bill Castle, 1991*
4. 8:27.94 Trent Timson, 1988
5. 8:29.54 Marty Greene, 1991

5,000 Meters

1. 14:27.01 Dan Hostager, 1989
2. 14:29.69 Chris Leonard, 1983
3. 14:32.95 Dan Fick, 1985
4. 14:33.34 Marty Greene, 1993
5. 14:38.64 Doug Nelson, 1981

Pole Vault

1. 17-5 1/4 Brad Miller, 1991
2. 17-1 1/2 Bob Edwards, 1991
3. 16-9 1/2 Troy Becker, 1986
4. 16-9 Russ Adams, 1984
5. 16-0 Tom Rogers, 1979

High Jump

1. 7-3 3/4 Pete Herber, 1994
2. 7-3 Tim Suchan, 1994
3. 7-1 1/2 Steve Daugherty, 1992
4. 7-0 1/2 Ryan Santi, 1994
5. 7-0 Steve Weaver, 1983

Long Jump

1. 24-8 1/4 Jason McCleary, 1993
2. 24-0 1/2 Brad Miller, 1991
3. 23-11 Bob Smith, 1993
4. 23-9 Jason Woodford, 1983
5. 23-8 Rodney Garrett, 1988

Triple Jump

1. 52-1 Junior Chukukere, 1992
2. 49-0 1/4 Bill Lawson, 1978
3. 46-10 1/4 Bob Williams, 1982
4. 46-9 Brian Makela, 1983
5. 46-6 3/4 Rod Wiese, 1985

Shot Put

1. 60-3 1/4 Brent Geringer, 1979
2. 58-2 Tom Reints, 1981
3. 57-0 3/4 Arnie Doden, 1983
4. 56-5 1/4 John Holler, 1978
5. 55-0 1/4 Matt Casillas, 1993

35-lb. Weight

1. 60-0 Allan Walz, 1994
2. 59-9 1/2 Matt Casillas, 1994
3. 52-1 1/2 Kelly Tagtow, 1987

* Size of track over 200 meters



Ryan Santi

Top All-Time Outdoor Performers

100 Meters

1. 10.43 Maceo Strickland, 1994
2. 10.54 John Harland, 1977
3. 10.57 Joe Fuller, 1984
4. 10.64 Doug Case, 1986
- 10.64 Al Atherton, 1977

200 Meters

1. 20.95 Kenny Shedd, 1992
2. 21.24 Bob Ruchti, 1967
3. 21.36 Jim Turner, 1991
4. 21.49 Rodney Garrett, 1988
5. 21.54 Doug Case, 1986

400 Meters

1. 46.64 Dennis Roloff, 1972
2. 46.99 Kenny Shedd, 1992
3. 47.09 Joey Woody, 1994
4. 47.40 Brooks Glasnapp, 1986
5. 47.43 Jim Turner, 1991

800 Meters

1. 1:48.10 Jeff Burris, 1988
2. 1:48.41 Joey Woody, 1994
3. 1:48.46 Miklos Arpasi, 1994
4. 1:48.55 Bill Glassmaker, 1979
5. 1:49.70 Kent Terrillion, 1990

1,500 Meters

1. 3:44.06 Bob Friedman, 1979
2. 3:47.65 Mark Feyerheisen, 1980
3. 3:48.23 Joe Teeling, 1979
4. 3:50.74 Carl Burrell, 1984
5. 3:50.84 Jim Erredge, 1980

3,000-Meter Steeplechase

1. 9:04.85 Jeff Short, 1991
2. 9:05.74 Steve Gearhart, 1986
3. 9:10.54 Jim Whitcomb, 1983
4. 9:16.04 Steve MacTaggart, 1977
5. 9:21.74 Don Schultz, 1980

5,000 Meters

1. 14:20.24 Dan Hostager, 1990
2. 14:21.04 Bill Castle, 1990
3. 14:31.54 Jim Erredge, 1979
4. 14:32.24 Dave O'Brien, 1979
5. 14:35.11 Todd Goodell, 1986

10,000 Meters

1. 29:51.64 Chris Leonard, 1985
2. 29:59.24 Bryan Huhnerkoch, 1979
3. 30:13.44 Doug Nelson, 1982
4. 30:14.59 Todd Goodell, 1986
5. 30:22.13 Bill Castle, 1990

110-Meter Hurdles

1. 13.84 Larry McCready, 1967
2. 13.97 Johnny Westbrook, 1993
3. 14.09 Joey Woody, 1994
3. 14.10 Jay Connor, 1984
4. 14.11 Jason McCleary, 1993

400-Meter Hurdles

1. 50.42 Joey Woody, 1994
2. 51.78 Gregg Garn, 1993
3. 52.00 Tom Akers, 1979
4. 52.47 Joel Hartman, 1988
5. 52.78 Eric White, 1985

High Jump

1. 7-3 3/4 Tim Suchan, 1991
2. 7-1 3/4 Pete Herber, 1994
3. 7-0 Ryan Santi, 1993
4. 6-11 3/4 Steve Daugherty, 1992
5. 6-11 Steve Weaver, 1983

Long Jump

1. 24-10 3/4 Wayne Simon, 1987
2. 24-10 1/2 Jason McCleary, 1993
3. 24-2 1/2 Bobby Williams, 1981
4. 24-2 1/4 Todd Madsen, 1993
5. 24-1 3/4 Bob Smith, 1992

Triple Jump

1. 51-6 1/4 Junior Chukukere, 1992
2. 50-2 Bill Lawson, 1977
3. 49-6 3/4 Bobby Williams, 1982
4. 49-6 1/2 Craig Fay, 1968
5. 47-8 Brian Makela, 1982

Pole Vault

1. 17-4 1/2 Bob Edwards, 1992
2. 17-4 1/4 Russ Adams, 1985
3. 17-0 Brad Miller, 1990
4. 16-1 Troy Becker, 1986
5. 16-0 1/4 Chuck Ulin, 1990

Shot Put

1. 58-6 John Holler, 1978
2. 58-4 Tom Reints, 1982
3. 57-8 3/4 Mike McCready, 1971
4. 57-6 1/4 Brent Geringer, 1979
5. 54-10 1/4 Matt Casillas, 1993

Javelin (New)

1. 204-8 Mike Raffensperger, 1989
2. 192-9 Scott Sloan, 1986
3. 175-5 Brad Miller, 1992
4. 173-2 Jason McCleary, 1993
5. 165-1 Ross Hawker, 1991

Javelin (Old)

1. 207-4 3/4 Lloyd Gnagy, 1937
2. 199-6 Gene Chinander, 1974
3. 195-1 Doug Reeves, 1975
4. 193-9 Scott Sloan, 1985
5. 193-5 Gary Whitman, 1980

Discus

1. 199-6 Brent Geringer, 1979
2. 187-10 Matt Haven, 1984
3. 178-0 Arnie Doden, 1983
4. 177-0 Allan Walz, 1992
5. 176-3 Kelly Tagtow, 1988

Hammer Throw

1. 185-9 Tom Reints, 1982
2. 174-8 Matt Casillas, 1994
2. 167-6 Ken Schwartz, 1975
3. 165-3 John Holler, 1977
4. 163-4 Allan Walz, 1993

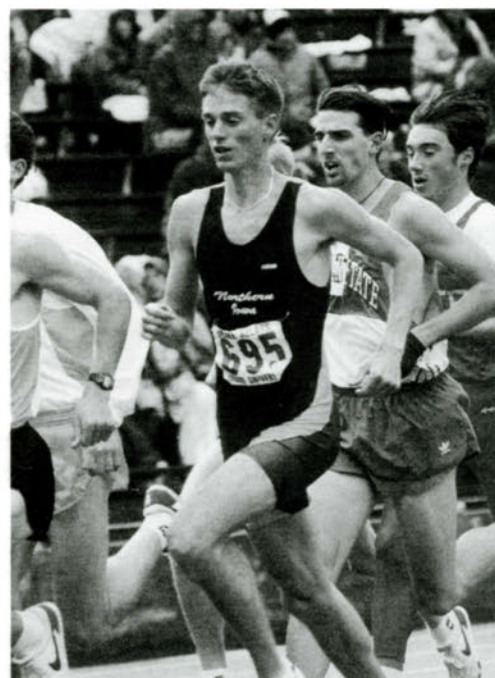
Decathlon

1. 7,419 Brad Miller, 1992
2. 7,314 Bill Lawson, 1980
3. 7,225 Jason McCleary, 1993

1994 Season Bests

Indoor

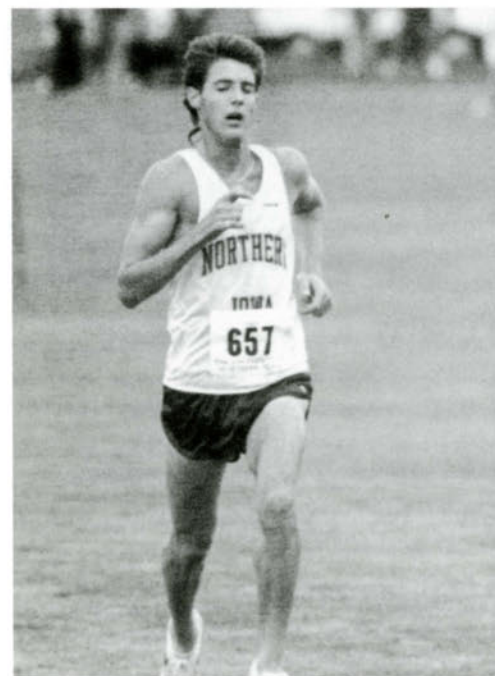
55 Meters	6.44, Maceo Strickland (UNI-Dome Open)
55-Meter Hurdles	7.55, Alonzo Clayton (ISU Holiday)
200 Meters	22.37, Maceo Strickland (UNI-Dome Open)
400 Meters	48.54, Joey Woody (Iowa State Classic)
600 Meters	*1:18.76, Joey Woody (ISU Holiday)
800 Meters	#1:49.31, Miklos Arpasi (Iowa State Classic)
1000 Meters	*2:29.73, Chad Flynn (Waterloo Savings Bank Invitational)
Mile Run	4:15.63, Chad Flynn (MVC Championships)
3000 Meters	8:33.70, Jason Meyer (MVC Championships)
5000 Meters	15:27.0, Jason Meyer MVC Championships)
1600-Meter Relay	3:17.62, Garn, Woody, Santi, Moats (Iowa State Classic)
Mile Relay	3:19.07, Garn, Mullenix, Woody, Arpasi (Waterloo Savings Inv.)
Distance Medley Relay	10:02.48, Arpasi, Woody, Swart, Flynn (MVC Championships)
High Jump	*#7-3 1/4, Pete Herber (UNI-Dome Open); #7-3, Tim Suchan (Waterloo Savings Bank Invitational)
Long Jump	23-2, Alonzo Clayton (MVC Championships)
Triple Jump	41-9 3/4, Pete Herber (Waterloo Savings Bank Invitational)
Shot Put	54-0, Matt Casillas (Waterloo Savings Bank Invitational)
35-lb. Weight	59-9 1/2, Matt Casillas (UNI-Dome Open)
* UNI Record	& UNI-Dome Record # NCAA Provisional Qualifier



Chad Flynn

Outdoor

100 Meters	*10.43, Maceo Strickland (MVC Championships)
110-Meter Hurdles	14.09, Joey Woody (MVC Championships)
200 Meters	21.76, Maceo Strickland (Jim Duncan Invitational)
400 Meters	47.09, Joey Woody (MVC Championships)
400-Meter Hurdles	*@50.42, Joey Woody (NCAA Championships)
800 Meters	#1:48.41, Joey Woody (Wisconsin Twilight) #1:48.46, Miklos Arpasi (Dogwood Invitational)
1500 Meters	3:51.11, Chad Flynn (Dogwood Relays)
Steeplechase	10:04.37, Guy Willey (Alabama Relays)
5000 Meters	15:02.2, Jeff Joiner (Drake Relays)
10,000 Meters	30:53.75, Jason Meyer (Dogwood Relays)
4 x 100-Meter Relay	42.26, Brown, McCleary, Santi, Strickland (Kansas Relays)
4 x 400-Meter Relay	3:12.63, Garn, Moats, Woody, Arpasi (MVC Championships)
Sprint Medley Relay	3:21.60, Woody, Arpasi, Strickland, Santi (Dogwood Relays)
Two Mile Relay	7:40.26, Mullenix, Flynn, Woody, Arpasi (Kansas Relays)
Distance Medley Relay	10:06.99, Mullenix, Liebermann, Swart, Flynn (Kansas Relays)
Long Jump	23-9, Jason McCleary (MVC Championships)
High Jump	*#7-3 3/4, Tim Suchan (MVC Championships) #7-1 3/4, Pete Herber (MVC Championships)
Shot Put	52-6, Matt Casillas (Jim Duncan Invitational)
Hammer Throw	174-8, Matt Casillas (Jim Duncan Invitational)
Discus	146-1, Matt Casillas (Jim Duncan Invitational)
Javelin	169-7, Jason McCleary (Jim Duncan Invitational)
Decathlon	6,496, Jason McCleary (MVC Championships)



Jason Meyer

* UNI Record

@ NCAA Automatic Qualifier

NCAA Provisional Qualifier

The "Pride" in Iowa

While Northern Iowa's continued success in the past decade can be attributed to the hard work and dedication of student-athletes from across the United States, the Panther tradition of excellence has been built around Iowans. Many high school stars from the state have gone on to achieve success on the national level while attending Northern Iowa. Listed below are the NCAA Division I national qualifiers from Iowa who have represented UNI:



Jeff Burris



Bob Edwards

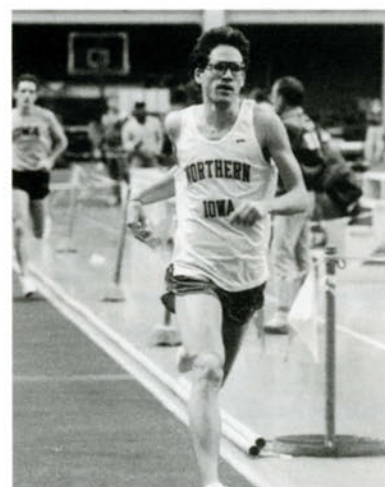


Pete Herber



Joey Woody

Russ Adams, Pocahontas
Jeff Burris, Ames
Steve Daugherty, Cedar Rapids
Bob Edwards, Fort Dodge
Brent Geringer, Mount Ayr
Pete Herber, Dubuque
Dan Hostager, Audubon
Jason McCleary, Newton
Kenny Shedd, Davenport
Tim Suchan, Cedar Rapids
Jim Turner, Marshalltown
Joey Woody, Iowa City



Dan Hostager



Jim Turner



Russ Adams



Brent Geringer

NCAA Qualifying Standards

Indoor

<u>Event</u>	<u>AUTOMATIC</u>		<u>PROVISIONAL</u>	
	<u>FAT</u>	<u>MT</u>	<u>FAT</u>	<u>MT</u>
55-Meter Dash	6.19	--	6.28	--
55-Meter Hurdles	7.24	--	7.38	--
200 Meters	(a) 21.25	--	21.70	--
	(b) 21.15	--	21.60	--
	(c) 20.85	--	21.30	--
400 Meters	(a) 47.15	46.9	48.20	47.9
	(b) 46.75	46.5	47.80	47.5
	(c) 46.15	45.9	47.20	46.9
800 Meters	(d) 1:49.25	1:49.0	1:51.00	1:50.7
	(c) 1:48.25	1:48.0	1:50.00	1:49.7
Mile	(d) 4:01.80	4:01.5	4:06.50	4:06.2
	(c) 4:00.20	3:59.9	4:04.90	4:04.6
3,000 Meters	(d) 8:01.50	8:01.2	8:12.00	8:11.7
	(c) 7:58.90	7:58.6	8:09.40	8:09.1
5,000 Meters	(d) 14:00.00	13:59.7	14:17.00	14:16.7
	(c) 13:56.30	13:56.0	14:13.30	14:13.0
1,600 Relay	(a) 3:11.30	3:11.0	3:14.80	3:14.5
	(b) 3:08.50	3:08.2	3:12.00	3:11.7
	(c) 3:05.70	3:05.4	3:09.20	3:08.9
Mile Relay	(a) 3:12.50	3:12.2	3:16.00	3:15.7
	(b) 3:09.70	3:09.4	3:13.20	3:12.9
	(c) 3:06.90	3:06.6	3:10.40	3:10.1
Distance Medley - Meters				
	(d) 9:38.00	9:37.7	9:52.00	9:51.7
	(c) 9:33.50	9:33.2	9:47.50	9:47.2
Distance Medley-Yards				
	(d) 9:41.00	9:40.7	9:55.00	9:54.7
	(c) 9:36.50	9:36.2	9:50.50	9:50.2
High Jump	2.25	7-4 1/2	2.16	7-1
Long Jump	7.90	25-11	7.62	25-0
Triple Jump	16.20	53-1 3/4	15.65	51-4 1/4
Pole Vault	5.50	18-0 1/2	5.25	17-2 3/4
Shot Put	18.65	61-2 1/4	17.50	57-5
35-Lb. Weight	20.85	68-5	18.40	60-4 1/2

Outdoor

<u>Event</u>	<u>AUTOMATIC</u>		<u>PROVISIONAL</u>	
	<u>FAT</u>	<u>MT</u>	<u>FAT</u>	<u>MT</u>
100 Meters	10.20	--	10.40	--
200 Meters	20.55	--	20.90	--
400 Meters	45.65	45.4	46.50	46.2
800 Meters	1:47.50	1:47.2	1:48.95	1:48.7
1,500 Meters	3:41.40	3:41.1	3:46.00	3:45.7
Mile	3:59.09	3:58.8	4:04.06	4:03.8
	3,000-Meter Steeplechase			
	8:44.00	8:43.7	8:57.00	8:56.7
5,000 Meters	13:53.00	13:52.7	14:15.00	14:14.7
10,000 Meters	29:05.00	29:04.7	29:50.00	29:49.7
110 Hurdles	13.72	--	14.04	--
400 Hurdles	50.50	50.2	51.75	51.5
400 Relay	39.35	39.1	39.90	39.6
440-Yard Relay	39.55	39.3	40.10	39.8
1,600 Relay	3:04.20	3:03.9	3:07.00	3:06.7
Mile Relay	3:05.40	3:05.1	3:08.20	3:07.9
High Jump	2.25	7-4 1/2	2.18	7-1 3/4
Long Jump	8.05	26-5	7.70	25-3 1/4
Triple Jump	16.45	53-11 3/4	15.75	51- 8 1/4
Pole Vault	5.52	18-1 3/4	5.30	17-4 1/2
Shot Put	18.80	61-8 1/4	17.65	57-11
Discus	59.00	193-7	54.50	178-10
Javelin	74.00	242-9	67.50	221-5
Hammer	67.00	219-10	59.70	195-10
Decathlon	7,550 pts.		7,100 pts.	

(a) = Size of track under 200m/220y

(b) = Size of track 200m/220y

(c) = Size of track over 200m/220y

(d) = Size of track 200m/220y or less

1994 Cross Country Results

The Northern Iowa cross country squad had a rougher year than expected in 1994. After the second meet of the season, the Panthers lost Jeff Joiner, their number one runner to a season-ending injury. While others stepped up to carry the load, UNI was never again at full strength the rest of the season. However, with the loss of Joiner, other young runners had an opportunity to step up including sophomore Kyle Kepler, who was named to the all-conference team for the second consecutive year. After placing sixth at the Missouri Valley Conference meet, UNI looks ready to return to its traditional role as a championship contender in '95 with everyone returning, including Joiner.

Bradley Invitational

September 9, 1994
Detweiller Park
Peoria, IL

UNI 21, Bradley 36
UNI 15, Creighton 46
UNI 15, Evansville 46
UNI 17, Illinois at Chicago 46
UNI 15, Illinois Wesleyan 50
UNI 16, Monmouth 47
UNI 15, Olivet Nazarene 43
UNI 15, St. Louis 46
UNI 18, Southeast Missouri 38
UNI 22, Western Illinois 33
UNI 15, Wisconsin-Green Bay 50
UNI 19, Wisconsin-Milwaukee 38
Butler 32, UNI 23
Eastern Illinois 33, UNI 26
Indiana State 37, UNI 22

UNI Finishers (8K)

2. Jeff Joiner	25:38
12. Kyle Kepler	26:10
12. Jeff Jones	26:10
35. Guy Willey	26:56
39. Jay Brock	27:06

Illinois State Invitational

September 16, 1994
ISU Golf Course
Springfield, IL

1. Indiana State	38
2. Drake	53
3. Illinois State	67
4. NORTHERN IOWA	72
5. Saint Louis	149

UNI Finishers (8K)

3. Jeff Joiner	25:42
12. Kyle Kepler	26:16
15. Jay Brock	26:30
16. Jeff Jones	26:31
26. Rob Semelroth	27:28

Nike/Minnesota Invitational

October 1, 1994
U of M Golf Course
Minneapolis, MN

1. Wisconsin	35
2. Iowa State	55
3. Penn State	70
4. Nebraska	106
5. Cornell	168
6. Minnesota	194
7. Princeton	199
8. Manitoba	213
9. Drake	224
10. NORTHERN IOWA	264
11. Colorado State	267
12. Mississippi State	346

UNI Finishers (8K)

44. Kyle Kepler	25:58
68. Jay Brock	26:23
104. Gus Willey	27:01
115. Kory Swart	27:09
128. Jeff Jones	27:21

Iowa State Memorial

October 15, 1994
Indian Creek C.C.
Nevada, IA

1. Iowa State	18
2. Texas	78
3. Missouri	79
4. South Dakota	102
5. Illinois State	137
6. Drake	147
7. NORTHERN IOWA	153
8. Missouri-Kansas City	245

UNI Finishers (8K)

8. Kyle Kepler	25:48
30. Guy Willey	26:35
38. Jay Brock	26:54
39. Jeff Jones	26:57
49. Kory Swart	27:32

Missouri Valley Championships

October 29, 1994
SIU Campus Course
Carbondale, IL

1. Southern Illinois	33
2. Southwest Missouri	52
3. Indiana State	64
4. Illinois State	122
5. Tulsa	134
6. NORTHERN IOWA	155
7. Drake	163
8. Wichita State	218
9. Bradley	265
10. Creighton	304
11. Evansville	313

UNI Finishers (8K)

8. Kyle Kepler	24:49
23. Jay Brock	25:42
35. Jeff Jones	26:09
46. Guy Willey	26:40
48. Rob Semelroth	26:48

NCAA Region V Championships

November 12, 1994
Stewart G.C.
Springfield, MO

1. Iowa State	28
2. Oklahoma State	92
3. Kansas	93
4. Nebraska	115
5. Southwest Missouri	126
6. Southern Illinois	175
7. Missouri	193
8. Indiana State	215
9. Illinois State	221
10. NORTHERN IOWA	260
11. Tulsa	282
12. Kansas State	283
13. Missouri-Kansas City	367
14. Drake	380
15. Creighton	436
16. St. Louis	461

UNI Finishers (10K)

30. Kyle Kepler	32:25
44. Jeff Jones	32:56
61. Rob Semelroth	33:47
64. Guy Willey	33:57
69. Matt Mullenix	34:06

1995 Schedule

Indoor

Dec. 2	Iowa State Holiday Meet	Ames
Jan. 21	Panther Invitational	Cedar Falls
Jan. 28	Redbird Invitational	Normal, Ill.
Feb. 3	Mercantile Bank Invitational	Cedar Falls
Feb. 10-11	Cyclone Classic	Ames
Feb. 17	UNI-Dome Open	Cedar Falls
Feb. 24-25	Missouri Valley Conference Championships	Normal, Ill.
Mar. 3	ISU National Qualifying Meet	Ames
Mar. 11-12	NCAA Division I Indoor Championships	Indianapolis, Ind.

Outdoor

Mar. 18	Ole Miss Invitational	Oxford, Miss.
Mar. 25-26	Alabama Relays	Tuscaloosa, Ala.
Apr. 1	Arkansas Invitational	Hot Springs, Ark.
Apr. 7-8	Dogwood/SeaRay Relays	Knoxville, Tenn.
Apr. 14-15	Jim Duncan Invitational	Des Moines
Apr. 21-22	Kansas Relays	Lawrence, Kan.
Apr. 28-29	Drake Relays	Des Moines
May 6	Badger Invitational	Madison, Wis.
May 17-20	Missouri Valley Conference Championships	Springfield, Mo.
M-J 31-3	NCAA Division I Outdoor Championships	Knoxville, Tenn.